



# THANKFUL NOVEMBER 2023

## K-8 Lunch & Breakfast Menu



### Additional Entree Choices

#### Monthly Entree Choice

 Double Cheese  
Quesadilla 

#### Grab & Go:

- Elementary: Deli Turkey & Cheese Sticks with Crackers
- Middle Schools: Buffalo Ranch Crunchy Chicken Salad 

#### CHOW OPTION

Grades 7 & 8 only

- 10/30: Italian Sub
- 11/06: Hot Dog
- 11/13: Spicy Chicken Sandwich
- 11/27: Meatball Sub

### Monday

#### Join us for Lunch!

Join your student for a special Turkey Feast on November 16th. Check with your Cafeteria Manager for more information.

### Tuesday



#### 6 National Nacho Day

Beef Nachos  
Refried Beans  
Salsa Cup  
Crispy Apple Chips




7


Chicken Tenders  
Fresh Steamed Baby Carrots  
Diced Peach Cup  
Graham Crackers

### Wednesday

1


Pizzeria Style Cheese Pizza  
Romaine Salad  
Applesauce 

8

Pizzeria Style Cheese Pizza  
Romaine Salad  
Fresh Orange Wedges 

### Thursday

2

Macaroni & Cheese  
Roasted Cauliflower  
Assorted Fresh Fruit  
Chocolate Grahams 

9

Turkey Meatballs in Sweet Chili Sauce  
Brown Rice  
Seasoned Green Beans  
Assorted Fresh Fruit

### Friday


3

Popcorn Chicken  
Fresh Baby Carrots with Ranch Cup  
Chilled Pears  
**Farmers Market Educational Snack**

10

★ ★ ★ ★ ★  
**VETERANS DAY**  
HONORING ALL WHO SERVED

17

Triple Cheese Spirals  
Steamed Broccoli  
Frozen Fruit Cup  
Graham Crackers 



#### Wednesday, November 15th

- Las Brisas
- Legend Springs
- New River
- Sunset Ridge
- Vista Peak


#### Friday, November 17th

- Desert Sage
- Greenbrier

### Turkey Feast Date Changes:




#### 27 Breakfast for Lunch

Confetti Pancakes  
Pork Sausage Links   
Seasoned Green Beans  
Assorted Fresh Fruit

28

Beef Tot-chos  
Ranchero Beans  
Diced Mangos  
Pretzel GoldFish Crackers

29

Pizzeria Style Cheese Pizza  
Fresh Carrot Sticks  
Assorted Fruit 

30

Spaghetti & Meatsauce  
Dinner Roll  
Romaine Salad  
Fresh Grapes

#### November Menu Changes:

Noterra Canyon - 11/9  
Bootcamp Day & Cheeseburgers



New



Pork



Vegetarian

### Breakfast in the Classroom



#### Daily Offers:

**M:** Oatmeal Choc. Chip Bar

**T:** Bagel & Cream Cheese

**W:** Mini Chocolate Donuts

**Th:** Pumpkin Bread

**F:** Pancake & Sausage on a Stick

Available Daily:  
Cold Cereal w/  
Cheese Stick or  
Grahams



Meals also  
include fruit, juice  
& milk

### Fresh Sides

Fresh baby carrots and garden side salads are offered daily in addition to the featured daily vegetable.

#### Local Milk



Local fat-free and 1% white or non-fat chocolate milk available daily